

# Basic Symptoms: Sickness

1. nauseous

- Unable to make stool.

I can't go to the toilet. I'm constipated.

2. dizzy

- Feeling of sickness like you want to vomit.

Oh! Stop the car! I feel \_\_\_\_\_ ! I'm going to be sick!

3. fever

- A high temperature.

My daughter is so hot. She has a high \_\_\_\_\_.

4. diarrhea

- A feeling of spinning and turning.

After riding the roller coaster he felt \_\_\_\_\_.

5. constipated

- A low temperature, or suddenly feeling cold.

Did someone open a window? I have \_\_\_\_\_.

6. itchy

- Tired, red eyes.

After work my eyes are often \_\_\_\_\_.

7. bloodshot

- Loose, wet, frequent stool.

\_\_\_\_\_ has me going to the bathroom all day.

8. a chill

- Dry, irritated skin.

After a long hot shower my skin is \_\_\_\_\_.

9. cramps

- Painful, tightening of muscles.

Each month my girlfriend has terrible \_\_\_\_\_.

10. fatigue

- Very tired, often after too much work or exercise.

He collapsed from \_\_\_\_\_ after working too much.

What are the five "aches?"

1. \_\_\_\_\_

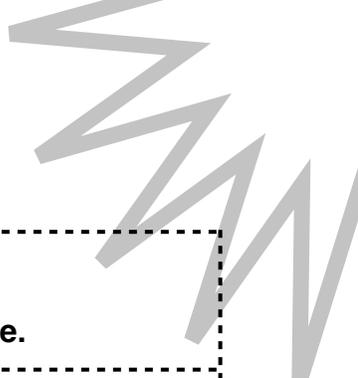
4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_

# Basic Symptoms: Injuries



1. a sunburn

- To hurt skin in a wide area (like a scratch.)

He fell off his bike and \_\_\_\_\_ his knee.

2. scrape

- To hurt a bone.

Bob \_\_\_\_\_ his leg while skiing last winter.

3. a bump

- Red, painful skin caused by high temperatures.

I went to the beach and now I have \_\_\_\_\_.

4. sprain

- To make a deep break in the skin.

Mom \_\_\_\_\_ her hand while making dinner.

5. break

- A purple, blue or yellow mark on the skin.

I have \_\_\_\_\_ on my leg where I fell.

6. sore

- A raised area of skin caused by a hit.

There's \_\_\_\_\_ on my head where I got hit.

7. a sore

- To badly twist a joint like the knee, or wrist.

Mary \_\_\_\_\_ her ankle while hiking last week.

8. a bruise

- Pain in the muscles.

After exercising, my muscles are really \_\_\_\_\_.

9. scratch

- A red open area of skin often inside the mouth.

I got \_\_\_\_\_ in my mouth after I ate a lot of oranges.

10. cut

- To make a small break in the skin, like a small cut.

My cat \_\_\_\_\_ me while I was playing with her.

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What are the five "aches?"

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



## Basic Symptoms Sickness / Injury

There is a lot of language that I hope my students know how to use if it ever comes up though I hope it never does. The tricky thing with medical conversations is that there is just so much vocabulary associated with the topic, a lot of it is rarely used and a lot of it is very similar with only slight differences between terms.

### Using the worksheet.

#### As homework

1. Give the sheet to the students and check the answers the following day.
2. When checking the answers, read them out together, drill them and use variations. He scraped his elbow. She scraped her knee. etc.

#### In class

1. Elicit some examples from students.
  - Have you ever fallen off your bike? What happened?
  - I hurt my leg.
2. Students match the terms individually or in pairs.
3. Check the answers and drill the language.

#### Note:

- As I noted above a lot of the language in medical or health conversations is similar and there is a great deal of it out there. I decided to divide this sheet and its companion into two different parts in order to keep the language as focussed as possible. One page dealing with injuries, the other with sickness.

- These sheets support a longer conversation activity involving a visit to the doctor. In order to save class time, it's better to give them as homework.

- There are five "aches" listed at the bottom of the sheet. Do you know what they are? Headache, stomachache, earache, backache, toothache. **And if you think your students can handle it, heartache. DON'T let that get confused with an actual medical condition! It just means sad! A lot of students could easily confuse that term with heart pain.**

(I've included the five aches on both sheets so that they can be included regardless of which sheet you use. If you use both then it will be a review with the second sheet.)