Breaking Bad News

A: Mr. Rogers? You wanted to see me?

B: Hello, Susan. Please, come in and have a seat.

A: I have a feeling this is going to be bad news.

B: What makes you say that?

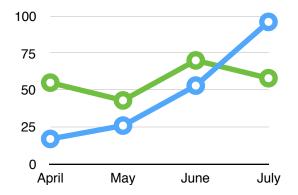
A: I understand our department may be merged with another department. I've been expecting it.

B: That's right. I am sorry to say this, but we don't have much choice. We have decided to cancel the project you've been working on. Your team will be disbanded and reassigned.

A: That is disappointing.

B: I know. At this stage, we need to cut costs and this wasn't an easy decision to make.

A: I understand. I'm sure the team will be helpful in their new positions until things pick up.



Breaking the Bad News:

Are you sitting down?

I'm afraid I have some bad news.

I don't know how to say this, but ...

I hate to break it to you this way, but . . .

I hate to be the bearer of bad news.

I'm sorry to say this.

Consoling:

Try to stay positive.

You'll think of something.

Everything will be ok.

Things will pick up.

Hang in there.

I'm sorry to hear that.

Tell your friend they failed a test.

Tell your friend their fish died.

Tell your boss you broke his new phone. Tell your friend his car was stolen.

Tell your friend his girlfriend left him.

Tell your roommate your room is flooded.

Tell your wife you just lost your job.

Tell a coworker his pay has been cut.

Breaking Bad News

A: Hello?

B: Hi, Dad. Are you okay?

A: Yes, why?

B: Are you sitting down?

A: Why? What's wrong?

B: I don't know how to say this but I had a small car accident.

A: Oh my god! Are you alright?

B: I'm ok. But the car is pretty banged up.

A: Ok. Don't worry about the car. Everything will be ok. Were you hurt?

B: No, I'm alright.

A: Okay. That's what matters. Do you want me to come pick you up?

B: Yes, please.



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