

# Basic Symptoms: Sickness

1. nauseous

- Unable to make stool

I can't go to the toilet. I'm constipated.

2. dizzy

- Feeling like you want to be sick

Oh! Stop the car! I feel \_\_\_\_\_ ! I'm going to throw up!

3. fever

- A high temperature

My son is so hot. He has a high \_\_\_\_\_.

4. diarrhea

- A feeling of spinning and turning

After riding the roller coaster he felt \_\_\_\_\_.

5. constipated

- A low temperature, or suddenly feeling cold

Did someone open a window? I have \_\_\_\_\_.

6. itchy

- Tired, red eyes

After work my eyes are often \_\_\_\_\_.

7. bloodshot

- Loose, wet, frequent stool

\_\_\_\_\_ has me going to the bathroom all day.

8. a chill

- Dry, irritated skin

After a long, hot shower my skin is \_\_\_\_\_.

9. cramps

- Painful, tight muscles

Each month my girlfriend has terrible \_\_\_\_\_.

10. fatigue

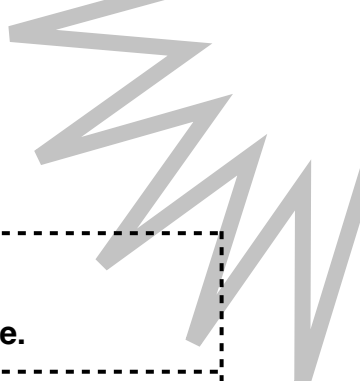
- Very tired, often after too much work or exercise

He collapsed from \_\_\_\_\_ after working too much.

What are the five "aches?"

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

# Basic Symptoms: Injuries



1. a sunburn

- To hurt skin in a wide area (like a scratch)

He fell off his bike and \_\_\_\_\_ his knee.

2. scrape

- To hurt a bone

Bob \_\_\_\_\_ his leg while skiing last winter.

3. a bump

- Red, painful skin caused by high temperatures

I went to the beach and now I have \_\_\_\_\_.

4. sprain

- To make a deep break in the skin

Mom \_\_\_\_\_ her hand while making dinner.

5. break

- A purple, blue, or yellow mark on the skin

I have \_\_\_\_\_ on my leg where I fell.

6. sore

- A raised area of skin caused by a hit

There's \_\_\_\_\_ on my head where I got hit.

7. a sore

- To badly twist a joint like the knee, or wrist

Mary \_\_\_\_\_ her ankle while hiking last week.

8. a bruise

- Pain in the muscles

After exercising, my muscles are really \_\_\_\_\_.

9. scratch

- A red open area of skin often inside the mouth

I got \_\_\_\_\_ in my mouth after I ate a lot of oranges.

10. cut

- To make a small break in the skin, like a small cut

My cat \_\_\_\_\_ me while I was playing with her.

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What are the five "aches?"

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



## **Basic Symptoms Sickness / Injury**

The tricky thing with medical conversations is that there is just so much vocabulary associated with the topic. A lot of it is rarely used and a lot of it is very similar with only slight differences between terms.

### **Using the worksheet.**

#### **As homework**

1. Give the sheet to the students and check the answers the following day.
2. When checking the answers, read them out together, drill them and use variations. He scraped his elbow. She scraped her knee. etc.

#### **In class**

1. Elicit some examples from students in a discussion.
  - Have you ever fallen off your bike? What happened?
  - I hurt my leg.
2. Students match the terms individually or in pairs.
3. Check the answers and drill the language.

#### **Note:**

I decided to divide this sheet and its companion into two different parts in order to keep the language as focussed as possible. One page dealing with injuries, the other with sickness.

There are five “aches” listed at the bottom of the sheet. Do you know what they are? Headache, stomachache, earache, backache, toothache.

**And if you think your students can handle it, heartache. DON'T let that get confused with an actual medical condition! It just means sad! A lot of students could easily confuse that term with heart pain.**

(I've included the five aches on both sheets so that they can be included regardless of which sheet you use. If you use both then it will be a review with the second sheet.)